

WHAT TO BRING ON A PACIFIC BLISS VOYAGE

Please go through this sheet twice, carefully. Once when you first receive it, and the second time three weeks before the voyage.

All of the gear you'll need on our sailing voyages must fit in two bags: a duffel bag and a small knapsack or backpack. The knapsack can double as a day pack when you join us on hiking and snorkeling trips. No suitcases, please; they cannot be flattened and therefore are difficult to store. Nearly everyone brings more gear than necessary. Your over packing results in reduced storage for others on board. Each person will have shelving space for clothes and toiletries, and hanging room for your foul weather gear and/or jackets. Also, there is underbed storage for your duffel and little-used items, such as your return travel gear. Folding or rolling up gear reduces the space it will take in your sea bag. Use zip-lock bags to organize your clothing. This also keeps your clothing dry, lessens wrinkling, and works well with shelf storage. You must be able to easily carry all of your gear by yourself; a good weight allowance for all of your gear is about 40 lbs. If there are marina stops scheduled on your voyage, you will be able to wash some clothes. The following list is merely a guideline; other brands and sources are available. The gear listed here is available from a combination of these sources:

West Marine: 800-262-8464 or 1-800-BOATING, westmarine.com

Patagonia: 800-638-6464

REI Co-op: 800-426-4840

CLOTHING FOR TROPICAL DESTINATIONS

If you don't already own a set of foul weather gear, lightweight gear for tropical waters is my best recommendation for tropical sailing because it's breathable, comfortable and not too expensive. Individual PFDs (Personal flotation devices) and safety harnesses are provided.

- 2 pair of nylon shorts that will dry quickly.
- Patagonia type Baggies Long Pants, or similar quick-drying wind shell pants
(Please do not bring blue jeans; they are difficult to dry)
- 3 lightweight short-sleeve sports shirts (both West Marine and Patagonia have good selections; Columbia is a good brand). Cotton tee-shirts are considerably hotter in the tropics and you can often purchase these as souvenirs. Singlets or sleeveless blouses work well in the tropics.
- 2 tee-shirts (for snorkeling or wearing at night).
- Light-colored, lightweight long-sleeved shirt and pants for sun protection.
- Lightweight modest skirts or dresses for women for village tours
- West marine or Patagonia Mesh Cap or similar sailing cap with under-chin tie downs
- Minimum of two swimsuits
- Underwear

FOOTWEAR

- 1 pair of deck shoes, sandals, or boat shoes for boat use only. These should have white soles or been previously proven to not mark the deck or floor. (Mostly, we go barefoot on board in the tropics.)
- Comfortable, sturdy, lightweight and fast drying shoes for shore use; TEVAs are good.
- Cotton crew socks, 2 pair